

Tenerife Sur: Short Walks Under 10 km

Lomo El Cuchillo-Enramada-Virgen Camino Circular (Adeje)

Route Summary

There are three strands to this enjoyable walk: 1) history and religion in the south of Tenerife, 2) a wild and wonderful volcanic landscape, 3) modern beach and holiday culture at the western end of Costa Adeje.

Duration: 2.5 hours.



Route Overview

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Transport/Parking: Titsa 448 from Adeje. Parking at start.

Length: 7.360 km / 4.60 mi

Height gain: 220 meter

Height loss: 220 meter

Max Height: 125 meter

Min Height: 1 meter

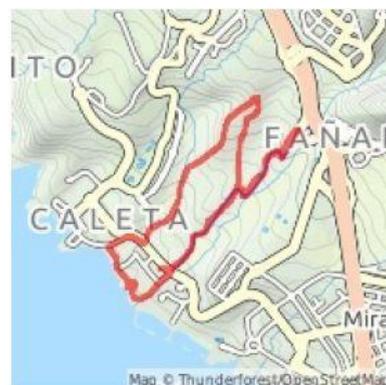
Surface: Mixed, rough in Lomo El Cuchillo section.

Child Friendly: Yes.

Difficulty: Easy to moderate.

Dog Friendly: Yes

Refreshments: Beach bar at Playa Enramada and near S. Sebastian churches.



Description

This varied walk starts on the road from Adeje to La Caleta, just off the Autopista, and follows part of the Camino de la Virgen. Each year, residents of Adeje walk a statue of the Virgin Mary along the old path from the top of Adeje to the centuries-old hermitage of San Sebastián in La Caleta. This was the first home of the statue, and the tradition of returning her to her origins began in the late 16th century when her statue was moved uphill to the fortified settlement at Adeje, to protect it from pirates. There are 2 shrines and a renovated threshing circle (era) along the way. After a while, we deviate from the old camino to explore a fascinating and wild volcanic landscape with different coloured rock formations. At the mid-point we reach the popular and recently upgraded La Enramada beach near La Caleta and take a pleasant stroll along the coastal promenade including a visit to the rocky viewpoint, before checking out the old and new churches of San Sebastián prior to embarking on the return leg along the old camino.



Waypoints

(1) Start of walk at information board

(28.10812; -16.73521)

Check out the information board before going through the arched portal and heading off along the camino, passing first a shrine on your right, and then an "era" (threshing circle) on your left. Great views towards the coast before the path descends to the era. You will be turning right, off the camino in just under 1 km.



(2) Emerge from gully and turn sharp right

(28.10345; -16.74070)

After just under 1 km from the start, where the camino emerges from a gully, turn sharp right onto this path towards a flat area of ground. At the end of the flat area of ground, veer to the left and follow the path onto the rocky hillside. You now have the opportunity to enjoy views of the mountains above Adeje and further afield. (989 m)



(3) Turn left here before pylon

(28.11061; -16.73881)

After about 900m, the path approaches an electricity pylon. Here, turn sharp left and follow the path on the red rock escarpment called Lomo El Cuchillo (knife), now looking towards the coast, and the island of La Gomera in the distance, again. You will pass a rocky valley on your right with signs of current habitation in the way of tidy tents and little plots below an under-hang in the rock face. (1.9 km)



(4) Keep straight on here

(28.10890; -16.74146)

After another 300 m you will arrive at a split in the path where you will carry on straight ahead. (2.2 km)



(5) Walk down stone ridge

(28.10674; -16.74225)

In another 300 m follow the red stone ridge down the centre to the lower level. (2.5 km)



(6) Carry on ahead after stone ridge

(28.10610; -16.74324)

After the 100 m, or so, descent, follow the path straight ahead, towards the sea. (2.6 km)



(7) Right and down here

(28.10502; -16.74507)

In about 200 m, as the path starts to follow a narrowing ridge, take this path down, veering a little to the right. The edge of the large covered banana plantation is an obvious feature on your right by this point. You will drop down to the dry "riverbed" floor of the barranco and follow it towards the coast, with the banana plantation above you now, on your right-hand side. (2.8 km)



(8) Veer left off dry watercourse here

(28.10005; -16.74855)

After about 700 m, leave the dry watercourse here onto the rough road. (3.5 km)



(9) Cross road and turn right

(28.09902; -16.74888)

Soon, in around 100 m, you arrive at this busy roadside. Taking care, cross the road (there is a crossing close by), and turn right in the direction of La Caleta, veering left at the roundabout past the public car-park until you reach the fence above the La Enramada beach. After taking in the pretty beach scene, noting that it is also a busy landing area for hang gliders, walk down the rough path and turn left along the boardwalk at the back of the beach towards the beach bar. 3.6 km)



(10) Pass cafe at Playa Enramada

(28.09768; -16.75137)

At the end of the beach you may well want to stop for a refreshment at the smart Coqueluche Beach Bar (although be warned that prices reflect this upmarket area and prime position). There are cheaper alternatives at the commercial centre near the San Sebastain churches, a little further on, which you could readily divert to if that suits you better. Apparently, it was on the La Enramada beach that there was the first apparition of the Virgen de La Encarnación de Adeje. Every January 20th, the people of the area celebrate the fiesta of San Sebastian and they bring their horses and pets, en masse, to be blessed, immersing them in the sea water at La Enramada. As you can imagine, it makes for quite a spectacular scene! When you are ready to move on, follow the boardwalk towards the promenade in front of the H10 hotel, heading east towards the obvious viewpoint on the rocky crag ahead of you. (4.1 km)



(11) Ascend to mirador

(28.09548; -16.75050)

After the promenade passes the gardens of the H10 Costa Adeje Palace hotel, it rises up to the back of the rocky outcrop of the mirador that splits the beaches of Enramada and Veril. Take the steps to your right, to the top, and enjoy the views in all directions. When you are ready to move on, descend the steps, turn right and follow the promenade for 150 m, or so, before turning left up the pedestrian Paseo Barranco del Agua, with the Sheraton La Caleta hotel now on your left-hand side. The pathway soon becomes the Calle de la Enramada before reaching the main road to La Caleta (Avenida Virgen de Guadalupe) near the plaza of the old and new churches of San Sebastian. (4.5 km)



(12) Ermita San Sebastian

(28.09690; -16.74756)

In 800 m from the mirador at the coast, you will have arrived at the church square where you will probably want to take in the pleasant and attractive scene in and around the square for a few minutes. The origins of the Ermita de la Encarnation are over 500 years old, the first church on the south coast of Tenerife. When you are ready to go on, head for the walks information board at the main road which you will cross and turn right for a very short distance before turning left up a rough road at the start of the old camino again. (5.3 km)



(13) Back onto Camino de la Virgen

(28.09708; -16.74662)

Pass the green/yellow indicator on the short post and head up the rough road past the blue-green painted house on your left. (5.4 km)



(14) Pass shrine to the Virgen

(28.09771; -16.74558)

In about 100 m you arrive at the El Humilladero shrine. After checking out the scene, when you are ready, carry straight on with the hills ahead of you in the distance. (5.5 km)



(15) Left and uphill here

(28.09865; -16.74470)

Very soon, in 200 m, or so, make sure that you veer left and uphill here where rocks on either side of the path are marked in green/white paint. (5.7 km)



(16) Veer right between gap

(28.09964; -16.74449)

In another 100 m, upon entering what looks like a former quarry area, veer right at the large rock with a green/white painted indicator and carry straight on with the table-top outline of Roque del Condo on the skyline ahead of you. (5.8 km)



(17) Veer right and down here

(28.10331; -16.74073)

After proceeding for about 600 m, veer right and downhill on the rough road here, avoiding the path that veers slightly left, which you took earlier, on the outward section of the walk. (6.4 km)



(18) Pass "era" on your right

(28.10619; -16.73733)

After another 600 m you will pass the era (stone threshing circle) on your right before the road turns right and ascends the hillside. (7.0 km)



(19) Pass shrine on left close to finish

(28.10801; -16.73518)

After a 400 m gentle ascent, you will pass the shrine on your left before arriving back at your start point under the arched entry-point to the camino. (7.4 km)



Route Map



Links:

[Photos from walk](#)

[Download Route Guide](#) (PDF with illustrated Waypoints)

[Download GPX file](#) (GPS Exchange Format)

[Access Walk on Viewranger](#)

[Access Walk on Wikiloc](#)